

## ***GSW RIDES January-February 2012***

### ***MONDAY RIDES***

**January 2, 9, 16, 23, 30; February 6, 13, 20, 27; 10:30a.m.; Concord, NH (2/3/4 – M)**

Must-call-ahead-to-confirm, winter trying-to-stay-in shape-despite-the-cold rides. Speed and distance are not as important as getting out on the bike! If road conditions do not allow cycling, we might snowshoe from the same start site.

**Directions:** Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At YIELD, go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

**Ride Leaders:** Cathy Yeager 603-224-0346 [cyeagersecretarialservices@comcast.net](mailto:cyeagersecretarialservices@comcast.net)  
Al Jones 603-224-7121 603-321-6770 (c) [Alvin.Jones@bench.com](mailto:Alvin.Jones@bench.com)

### ***TUESDAY RIDES***

**January 3, 10, 17, 24, 31; February 7, 14, 21, 28; 10:30 a.m.; Concord, NH (2/3/4 – M)**

Must-call-ahead-to-confirm, winter trying-to-stay-in shape-despite-the-cold rides. Speed and distance are not as important as getting out on the bike! If road conditions do not allow cycling, we might snowshoe from the same start site.

**Directions:** Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At YIELD, go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

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### ***WEDNESDAY RIDES***

**January 4, 11, 18, 25; February 1, 8, 15, 22, 29; 10:30 a.m.; Concord, NH (2/3/4 – M – 14+)**

NEWCOMERS & BEGINNERS WELCOME at these trying-to-stay-in shape-despite-the-cold rides; must call to-confirm-show-and-go-rides averaging <14 mph.

**Directions:** Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At "Y", go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

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Al Jones 603-224-7121 603-321-6770 (c) [Alvin.Jones@bench.com](mailto:Alvin.Jones@bench.com)

### ***THURSDAY RIDES***

**January 5, 12, 19, 26; February 2, 9, 16, 23; 10:30 a.m.; Concord, NH (2/3/4 – M)**

Must-call-ahead-to-confirm, winter trying-to-stay-in shape-despite-the-cold rides. Speed and distance are not as important as getting out on the bike! If road conditions do not allow cycling, we might snowshoe from the same start site. Talk with a leader before showing up to cycle.

**Directions:** Meet at 82 Little Pond Road (approx. 2 mi. from I-93). From I-93, take exit 15W. Go straight at the first set of lights. At the next set at "T" bear R onto Rt. 3 (not hard right). At next set of lights go straight and enter the L lane. At next set of lights, go L between the bank and the gas station (=Penacook St.). At STOP, go straight up the hill. At the "Y" go straight onto Little Pond Road; house #82 and is .6 miles up on the R. Remember that you must contact the leader in advance to confirm a ride taking place.

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## ***GSW RIDES January-February 2012***

### ***SATURDAY RIDES***

**January 7, 14, 21, 28; February 4, 11, 18, 25; 10:30 a.m.; Concord, NH- (1/2/3/4-L/M/B)**

This weekly ride has been offered since the 1980's every season of the year. One, two or three leaders are likely to be present. If group cycling is new to you, call Eugene (603-224-9727) to inquire about an orientation ride. Please talk with a contact before showing up to confirm that a ride is taking place. It could be cancelled because of weather, road conditions, excessive wind, etc. and snowshoeing could be an alternative activity. For information pertaining to any last-minute details or changes, join <http://groups.yahoo.com/group/GSWConcord> so you can visit to learn the plan. The day of the ride, ask about after-ride nourishment at a local eatery.

**Directions:** Meet at the NH Dept. of Transportation parking lot on Hazen Dr. From I-93, take exit 14 (Loudon Rd./Rt. 9). Go east, across the river. At the signal at the top of the hill, turn L onto Hazen Dr. Turn left into the parking lot, just after the orange snowplow blade. If the lot along Hazen Drive is available, we meet there. If there is another activity in the lot, we park along the right side of the building or in the rear.

**Contacts:**

Tim Ainsworth	603-783-4895		<a href="mailto:tdainsworth04@gmail.com">tdainsworth04@gmail.com</a>
Jim Sullivan	603-228-6158		<a href="mailto:irishdogs@comcast.net">irishdogs@comcast.net</a>
Al Jones	603-224-7121	603-321-6770 (c)	<a href="mailto:Alvin.Jones@bench.com">Alvin.Jones@bench.com</a>

### ***SUNDAY RIDES***

**Sunday, January 1, 2012; 10:30 a.m.; Concord, NH (2/3/4-L/M/B-10 to 30)**

**Must Call Ahead Ride:** This is the 7<sup>th</sup> rejuvenation" of the Concord New Year's Day Ride. The past few years, we have tended to stick together, but we could decide to split into two or more groups. Also, cue sheets for 10 (flat), 15, 23, 30 miles will be available for those preferring to set their own pace. Distances and paces will be discussed before hitting the road. No ride if snowy, rainy or excessively windy or if road conditions do not permit safe cycling. You must contact a leader to be certain a ride is taking place. Depending upon conditions and leaders' preference for an activity, snowshoeing or cross-country skiing might be offered as an alternative if safe cycling is not possible, so call someone to check it out. Newcomers are welcome. ☺ If we cycle, some people could decide to chat over a muffin at the Egg Shell in Loudon.

**Directions:** Meet at the NH Dept. of Transportation parking lot on Hazen Dr. From I-93, take exit 14 (Loudon Rd./Rt. 9). Go east, across the river. At the signal at the top of the hill, turn L onto Hazen Dr. After the orange snow plow blade, turn left into the parking lot. If the lot along Hazen Drive is available, we meet there. If it is occupied, we meet along the right side of the building or in the rear.

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### ***ADDITIONAL RIDES FROM OUR SPONSORS***

**GUS' BIKE SHOP VISIT:** <http://gusbike.com/articles/rides-races-and-events-pg37.htm>